

headaches from *migraine* because the latter partakes of the nature of the former in that it is located in the same region, etc. It will be noticed, however, that migraine is more intermittent and paroxysmal, hereditary in origin, is accompanied by congestion of the conjunctivæ and subjective visual phenomena.

Nervous headaches are associated with *nervous prostration* and debility, and the fact that they are usually relieved by sleep and rest. Reflex catarrhal headaches are more amenable to treatment than most other forms, and disappear entirely when the catarrh is cured."

A Conference on Rural Nursing.

A most interesting Conference will take place at Stafford House, by the kind permission of the Duchess of Sutherland, on Tuesday the 17th of November, at 2.30 p.m., under the auspices of the Council of County Nursing Associations. The Earl of Winchilsea will take the chair, he having, in conjunction with Lady Winchilsea, taken a most active part in organizing the Lincolnshire County Nursing Association. The County Councils of Lindsey, Holland and Kesteven offer each year between them fourteen scholarships of the value of £35 a year towards the training and education of young women in their respective districts who wish to become District Nurses amongst the rural poor. Many subjects of interest will be discussed at the Conference, notably:—

(1) The Establishment of (a) A Centre in London where Information on Rural Nursing throughout Great Britain may be obtained, and (b) A Registry of County Nurses in connection with it.

(2) The Advantages of Organizing Rural Nursing on a County Basis.

(3) The Granting of Scholarships by County Councils, for the preliminary Training of Nurses to be employed by County Nursing Associations.

(4) Inspection.

(5) Minimum Training.

(6) The best means of securing, as far as possible, Uniformity in the working of County Nursing Associations throughout the country.

All who take a practical interest in the work of nursing the sick poor in rural districts should apply for an invitation to attend the Conference, to the Countess of Winchilsea, Haverholme Priory, Sleaford.

DELICIOUS MAZAWATTEE TEAS.
DELICIOUS MAZAWATTEE TEAS.
DELICIOUS MAZAWATTEE TEAS.
DELICIOUS MAZAWATTEE TEAS.
DELICIOUS MAZAWATTEE TEAS.
You can tell it by its Delicious Aroma.

A National Fund in Support of Voluntary Hospitals.

THE *Citizen* has announced that the Lord Mayor of London, Mr. Faudel Phillips, proposes to signalise his Mayoralty, and commemorate the sixtieth anniversary of the Queen's reign, by raising a national subscription to free the public Hospitals from debt. It is estimated that the amount required for this purpose will be from £800,000 to £1,000,000. At first sight this appears a most philanthropic idea, but upon consideration we feel sure that any scheme which makes our voluntary Hospitals independent of public subscriptions, and therefore independent of public criticism, would be the most injurious step which could be taken on behalf of the future welfare of these Institutions and the well-being of the patients. The majority of Hospital managers have not in the past shown themselves possessed of that keen sense of responsibility, where the expenditure of public funds is concerned, or endowed with the energy to thoroughly master the subject of Hospital management and finance, which would make it advisable to place these gentlemen in an absolutely independent position. Keen public criticism is necessary to keep the management of Institutions supported by voluntary contributions well up to the mark, and, failing such criticism, we fear the stimulus to much useful competition and progress would be lacking. By all means let a fund be raised, but let it be distributed with discretion, and to those Hospitals only which can show an economical and audited balance-sheet, and not utilised to pay the debts of extravagantly and often inefficiently managed Institutions, whose officials treat any desire upon the part of the public and the Press, to inquire into its affairs, with rudeness or with Oriental contempt.

Ambulance Motor Car.

THE Lord Mayor's Show of 1896 will, in future, mark an interesting epoch in the history of our Metropolitan pageant, because of the appearance therein, for the first time, of a horseless carriage; for, in addition to the time-honoured stately equipages, drawn by four, or more, horses, there appeared an elegant motor carriage, or landau, which has been completed for the occasion by Messrs. Offord and Sons, coach builders, of South Kensington. This firm, who have for nearly a century provided one or more of the state carriages for "The Show," have now furnished this innovating

[previous page](#)

[next page](#)